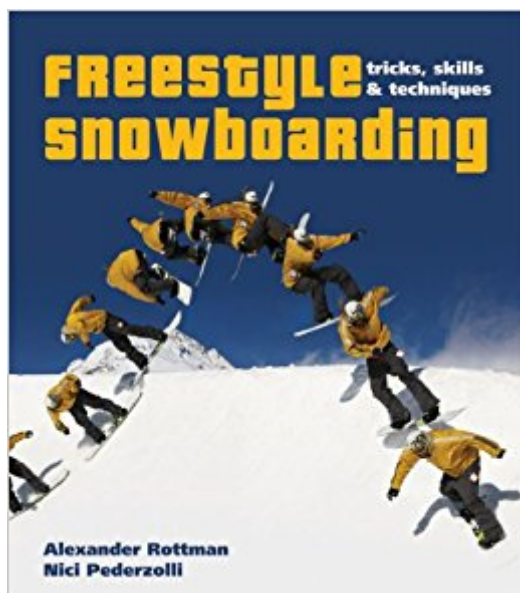


The book was found

# Freestyle Snowboarding: Tricks, Skills And Techniques



## Synopsis

Freestyle tricks for the more than 5 million American snowboarders who hit the slopes every season. Freestyle Snowboarding is the avid boarder's guide to the skills and stunts that earned medals for Olympic superstars Shaun White and Hannah Teter. Each technique or trick is shown in a "slow-motion" sequence of terrific step-by-step photos. Better than a brief 1-2-3 sequence, this visual presentation clearly shows the subtle changes in form that can turn a poorly executed maneuver into a precise move that ends with a perfect square landing. The book begins with a review of the basic skills, which is followed by more than 60 tricks in four sections: Flat-tricks Halfpipe Straight jump Rails and boxes Nine champion boarders demonstrate the tricks and techniques in sequential photographs, and the authors give tips on the takeoff, airtime and landing, as well as variations and how to fix common mistakes. Freestyle Snowboarding is simply the best instruction book on snowboarding tricks.

## Book Information

Paperback: 160 pages

Publisher: Firefly Books (September 16, 2010)

Language: English

ISBN-10: 1554076676

ISBN-13: 978-1554076673

Product Dimensions: 8.2 x 0.5 x 9.5 inches

Shipping Weight: 1.2 pounds (View shipping rates and policies)

Average Customer Review: 3.0 out of 5 stars Â Â See all reviews Â (1 customer review)

Best Sellers Rank: #2,326,086 in Books (See Top 100 in Books) #90 in Â Books > Sports & Outdoors > Outdoor Recreation > Snowboarding #2324 in Â Books > Sports & Outdoors > Winter Sports

## Customer Reviews

This book gave me some insights into getting my board off the snow surface. Now to get out and try the suggestions.

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Freestyle Snowboarding: Tricks, Skills and Techniques Get Fit for Snowboarding: a guide to training and stretching for snowboarding SNOWBOARDING: A guide book on how to learn the extreme sports winter adventure (snowboarding games, extreme adventure, winter sports) Snowboarding

Basics: All About Snowboarding Scarne's tricks: Scarne on card tricks and Scarne's magic tricks  
Everyday Charisma: Techniques for Mass Appeal, Charm, and Becoming a Social Powerhouse  
(Social Skills, Communication Skills, People Skills Mastery) Swim Speed Strokes for Swimmers and  
Triathletes: Master Freestyle, Butterfly, Breaststroke and Backstroke for Your Fastest Swimming  
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